

PSHE Unit Overviews Crumpsall Lane

Year	Early Learning Goal (ELG)	
EYFS	Self-Regulation	<ul style="list-style-type: none"> - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
	Managing Self	<ul style="list-style-type: none"> - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
	Building Relationships	<ul style="list-style-type: none"> - Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.

Year	Unit	1	2	3
1	Mental and Emotional Health	What makes me happy? What are feelings?	What is the difference between good secrets and bad secrets?	How does my behaviour affect others?
	Living in the Wider World	RIGHTS & RESPONSIBILITIES What are class rules?	MONEY Where does our money come from?	ENVIRONMENT & SUSTAINABILITY What is the environment?
	Healthy Lifestyles	What foods should I eat to help me stay healthy?	How can I look after my teeth?	Why is it important to wash my hands?
	Keeping Safe	What are the rules for keeping me safe at school and outside?	What are rules about household substances?	What is an emergency and what do I do?
	Relationship and Sex Education (RSE)	Who are the people in my life that love and care for me?	What are the differences and similarities between people?	What are the similarities between boys and girls?

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Year	Unit	1	2	3
2	Mental and Emotional Health	What is the difference between small feelings and big feelings?	How can I keep safe online?	What makes others happy? What is the difference between joking, teasing and bullying?
	Living in the Wider World	RIGHTS & RESPONSIBILITIES What groups and communities am I part of?	MONEY How do we make choices about spending money?	ENVIRONMENT & SUSTAINABILITY How can we look after the environment?
	Healthy Lifestyles	How do I keep myself healthy?	Why is it important to keep active?	How can I prevent diseases spreading?
	Keeping Safe	How do medicines help us when we are unwell?	How do I keep safe at home?	What is my responsibility for keeping myself and others safe?
	Relationship and Sex Education (RSE)	What is private?	What happens as the body grows from young to old?	What is fair/unfair, kind/unkind?
	Additional linked to specific local context	What is racism? What is road safety? (Teach children to look and listen, cross the road in safe places, apply to local area and crossing near school/home). Water safety.		

Year	Unit	1	2	3
3	Mental and Emotional Health	How do my feelings affect my behaviour? How can I manage my feelings?	What are the ways we are communicating online?	What am I good at?
	Living in the Wider World	RIGHTS & RESPONSIBILITIES How do rules and laws protect me?	RIGHTS & RESPONSIBILITIES What is the difference between my local British communities and global communities?	MONEY What are the links between work and money?
	Healthy Lifestyles	What is a healthy diet? What is an unhealthy diet?	How do I keep safe in the sun?	Why is personal hygiene important?
	Keeping Safe	What happens when I breathe smoke in the air?	How do I recognise risks in my life?	What do I do in an emergency?
	Relationship and Sex Education (RSE)	What is personal space?	What does a healthy relationship look like?	Why is being equal important in relationships?
		Additional linked to specific local context	What is racism? What is a road safety hero? (BRAKE Lesson 1 and follow-on lesson: Pages 4/5 for lesson outline and 9/10 for resources).	

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Year	Unit	1	2	3
4	Mental and Emotional Health	What is resilience?	What does it mean to have responsibility over my choices and actions?	What is discrimination?
	Living in the Wider World	RIGHTS & RESPONSIBILITIES What are the rights of the child?	MONEY How do we look after our money?	ENVIRONMENT What is sustainability?
	Healthy Lifestyles	How do I make sure I sleep well?	What is fuel for the body?	How do I know if I'm physically ill?
	Keeping Safe	How do I manage risks in my own life?	What is self-control?	What is the difference between legal and illegal drugs? Are all drugs harmful?
	Relationship and Sex Education (RSE)	What is diversity?	Do boys and girls have different roles?	What changes happen to my body?
	Additional linked to specific local context	What is racism? Everyone can be a road safety hero (BRAKE Lesson 2 and follow-on lesson: Pages 6/7 for lesson outline and 11/12 for resources). Kids who Vape assembly pack (FYI Investigates, Sky Kids)		

Year	Unit	1	2	3	4
5	Mental and Emotional Health	What is mental health?	How do I negotiate and compromise?	How do I stay safe on a mobile or tablet?	How can I be happy being me?
	Living in the Wider World	RIGHTS & RESPONSIBILITIES How are rules and laws made and changed?	ENVIRONMENT What is fair trade?	MONEY How can I combine sustainability with fair trade using my enterprise skills?	What is racism?
	Healthy Lifestyles	How can we stop the spread of infection?	Why is it important to know about nutritional content of food?		
	Keeping Safe	How do I respond to dares?	What are habits?	Who or what influences me?	
	Relationship and Sex Education (RSE)	What is puberty?	What are the different relationships in my life?	What is unwanted touch?	
	Additional linked to specific local context	Protecting Children from Knife and Violent Crime Workshop Child Criminal Exploitation Workshop			

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Year	Unit	1	2	3	4
6	Mental and Emotional Health	How can I challenge negative thoughts and feelings?	What is stereotyping?	How can the internet positively and negatively affect our mental health?	
	Living in the Wider World	RIGHTS & RESPONSIBILITIES Why is it important to be critical of the media online and offline?	MONEY How do people manage money?	CAREERS What do I want to be?	
	Healthy Lifestyles	How is my mental and physical wellbeing connected?	How do I keep physically healthy?	Can I plan and prepare a healthy meal?	
	Keeping Safe	How do drugs affect the mind and body?	How do I manage peer pressure?	What are basic emergency first aid skills?	What are the risks out an about in my local area?
	Relationship and Sex Education (RSE)	What changes happen in my life?	What happens in a loving relationship (including marriage) and what is forced marriage?	How is a baby made?	What are the physical and emotional changes of puberty?
	Additional linked to specific local context	'The Streets Don't Love You' Gang Awareness Workshop Show Racism the Red Card Workshop Child Criminal Exploitation Workshop Kids who Vape assembly pack (FYI Investigates, Sky Kids) Crucial Crew Patrick O'Malley patrick@childsafetymedia.co.uk			

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Date	Annual Calendar of Assemblies and Special Events linked to PSHE
	Focus
Autumn 1	Diversity Week Protected Characteristics (w/c 11 th September 2023)
Autumn 2	Anti-bullying week (w/c 13 th November 2023)
Spring 1	Safer Internet Day (Tues 6 th Feb 2024)
Spring 2	Road Safety Awareness (Road Safety Heroes PowerPoint from Brake website) https://www.brake.org.uk/get-involved/for-professionals/teachers-and-youth-workers/teaching-resources
Summer 1	Mental Health Awareness (w/c 13 th May 2024)
Ongoing	Picture News assemblies linked to current events and British Values

Year	Safety Awareness
	Focus
EYFS	How to use the school environment safely. Road and stranger safety on trips out of school.
Y1	On the Right Road Workshop (Wizard Theatre Company) https://www.wizardtheatre.co.uk/projects/on-the-right-road
Y2	Water safety What is road safety? (Teach children to look and listen, cross the road in safe places, apply to local area and crossing near school/home).
Y3	What is a road safety hero? (BRAKE Lesson 1 and follow-on lesson: Pages 4/5 for lesson outline and 9/10 for resources).
Y4	Swimming – water safety Everyone can be a road safety hero (BRAKE Lesson 2 and follow-on lesson: Pages 6/7 for lesson outline and 11/12 for resources).
Y5	Swimming – water safety
Y6	Swimming – water safety Crucial Crew